

Portage Public Schools  
Community High School Lunch Menu

February 6 - 10, 2012

| Station  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   |
|--|---|--|-------------|---|--|
| <br>Favorite Comfort Foods & International Favorites  | Bow Tie Pasta<br>Alfredo Sauce<br>Steamed Spinach<br><i>Whole Wheat Garlic Breadstick</i><br>Peachy Fruit Salad | <b>Baked Potato Bar</b><br>Baked Potato<br>Baked Sweet Potato<br>Diced Ham<br>Steamed Chopped Broccoli<br>Herbed Breadstick<br>Shredded Cheese<br>Fruit Cocktail |             | Pulled Pork Sandwich<br>Creamy Coleslaw<br>Pineapple      | <b>Nacho Bar</b><br>Spicy Taco Meat<br><i>Corn Tortilla Shells</i><br>Cheese Sauce<br>Lettuce, Tomatoes & Salsa<br><i>Rice &amp; Beans</i><br>Sliced Pears |
| <br>Hamburgers, Cheeseburgers, Breaded Chicken Patty Sandwiches, Veggie Burgers Offered Daily | Bacon Cheeseburger *  | Spicy Chicken Sandwich   | Pizza Party | <i>Mini Corn Dogs</i>                                     | Grilled Chicken Club Sandwich *  |
| <br>Fresh Homemade Cheese and Pepperoni * Pizza Offered Daily                                 | Meat Lover's Pizza *  | Pepperoni * Calzone with Dipping Sauce   |             | <i>Cheese Filled Breadsticks with Pizza Dipping Sauce</i> | Sausage Pizza *  |
| <br>Deli Chef Salad<br>Hummus with Pita Wedges and Veggies Offered Daily                     | Neapolitan Hero with Balsamic Dressing<br><br>Turkey Salad with Citrus Vinaigrette                              | <i>Triple Decker Turkey Club on Whole Wheat *</i><br><br>Grilled Chicken Salad   |             | Parisian Ham & Cheese Wrap<br><br>Italian Chopped Salad   | <i>Santa Fe Turkey &amp; Cheddar Wrap</i><br><br>Chicken Caesar Salad  |

*WHOLE GRAIN menu items are in italics*

\* May contain pork products

All Lunches Include: Choice of Entrée, Choice of Vegetable/Fruit Side Dishes, and Choice of Fat Free Milk.

Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad w/ Light Dressing, Fresh Lettuce & Tomato Sandwich Toppings, and Fruit





Daily milk choices include skim white and skim flavored milk

Questions?? Call the Food Service Office @323-5155 or e-mail: [slivingston@portageps.org](mailto:slivingston@portageps.org)  
Susan Livingston, Chartwells Director of Dining Service

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Portage Public Schools  
Community High School Lunch Menu

February 13 -17, 2012

| Station  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   |
|--|---|--|--|---|--|
| <br>Favorite Comfort Foods & International Favorites  | Sweet & Sour Chicken<br><i>Steamed Brown Rice</i><br>Fresh Stir Fried Vegetables<br>Orange Wedges | 2 for 1 Hot Dogs<br>Chili Sauce,<br>Sauerkraut, Diced Onions, Shredded Cheese<br>Baked Beans<br>Sliced Peaches | <i>Penne Pasta</i><br>Meat Sauce<br>Garlic Bread<br>Steamed Broccoli<br>Fruit Cocktail | Open Faced Roast Turkey in Gravy<br>Mashed Potatoes<br><i>Whole Grain Dinner Roll</i><br>Seasoned Corn<br>Rosy Applesauce | <b>Nacho Bar</b><br>Spicy Taco Meat<br><i>Corn Tortilla Shells</i><br>Cheese Sauce<br>Lettuce, Tomatoes & Salsa<br><i>Cilantro Lime Brown Rice</i><br>Sliced Pears |
| <br>Hamburgers, Cheeseburgers, Breaded Chicken Patty Sandwiches, Veggie Burgers Offered Daily | BBQ Riblet Sandwich *   | <i>Hot Ham &amp; Cheese on a Bagel</i>   | Grilled Chicken Club Sandwich *  | Double Cheeseburger   | Spicy Chicken Sandwich   |
| <br>Fresh Homemade Cheese and Pepperoni Pizza Offered Daily                                   | Meat Lover's Pizza *  | Rip & Dips   | Sausage Pizza *  | Pizza Croissant   | Hawaiian Pizza   |
| <br>Deli Chef Salad<br><i>Hummus with Pita Wedges and Veggies</i><br>Offered Daily           | Little Italy Wrap *<br><br>Turkey Club Salad *  | Crispy Cheddar Chicken Wrap<br><br>Greek Salad   | <i>Chicken Salad on Whole Wheat</i><br><br>Spinach Salad with Poppy Seed Dressing      | <i>Turkey Pita Fold with Lettuce, Tomato and Dill Mayo</i><br><br>Taco Salad  | <i>Bistro Roast Beef Bagel with Dijon Horseradish Mayo</i><br><br>Grilled Chicken Salad  |

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**Portage Public Schools  
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February 20 - 24, 2012

| Station   | Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|---|--|---|---|---|---|
| <br>Favorite Comfort Foods &<br>International Favorites                            | <b>Breakfast Bar</b><br><i>French Toast</i><br>Scrambled Eggs<br>Sausage Patty*<br>Sweet Potato Puffs<br>Fresh Fruit Juice | Chicken Enchiladas<br><i>Cilantro Lime Brown Rice</i><br>Southwest Black Beans<br>Warm Baked Apples | Chicken Parmesan<br><i>Seasoned Pasta</i><br>Sweet Green Peas<br>Fruit Cocktail | <b>Nacho Bar</b><br>Spicy Taco Meat<br><i>Corn Tortilla Shells</i><br>Cheese Sauce<br>Lettuce, Tomatoes &<br>Salsa<br><i>Fiesta Brown Rice</i><br>Peaches | <b>No School</b><br><br><b>Mid Winter Break</b> |
| <b>THE FRESH GRILLE</b><br>Hamburgers, Cheeseburgers,<br><i>Breaded Chicken Patty</i><br>Sandwiches, Veggie Burgers<br>Offered Daily                                | Spicy Chicken Tenders  | Meatball Sub  | Cheeseburger Sliders  | Popcorn Chicken   |   |
| <br>Fresh Homemade Cheese and<br>Pepperoni Pizza<br>Offered Daily                  | Meat Lover's Pizza *   | Ham & Cheese Calzone  | Turkey & Cheese Hot Pocket  | Sausage* Pizza  |   |
| <br>Deli Chef Salad<br><i>Hummus with Pita Wedges and Veggies</i><br>Offered Daily | Chicken Ranch Wrap<br><br>Catalina Turkey Salad  | Italian Hoagie *<br><br>Spicy Breaded Chicken<br>Caesar Salad                                       | Caesar Wrap<br><br>Chunky Tuna Salad  | <i>Turkey Club Bagel</i> *<br><br>Monterey Ranch<br>Chicken Salad   |   |

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Portage Public Schools  
Community High School Lunch Menu

February 27 – March 2, 2012

| Station   | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|--|
| <br>Favorite Comfort Foods & International Favorites                     | Chicken or Beef Fajitas<br>Green Peppers & Onions<br>Refried Beans<br><i>Fiesta Rice</i><br>Homemade Salsa<br>Pineapple Chunks | <b>Mom's Mashed Potato Bowl</b><br>Breaded Chicken Tenders<br>Mashed Potatoes<br>Chicken Gravy<br>Steamed Corn<br><i>Whole Grain Roll</i><br>Peaches | <i>Penne Pasta</i><br>Marinara Sauce<br>Meat Sauce<br>Steamed Broccoli<br>Fruit Goop | <b>Nacho Bar</b><br>Spicy Taco Meat<br><i>Corn Tortilla Shells</i><br>Cheese Sauce<br>Lettuce, Tomatoes & Salsa<br><i>Cilantro Lime Brown Rice</i><br>Sliced Pears | Sweet & Sour Chicken<br><i>Steamed Brown Rice</i><br>Fresh Stir Fried Veggies<br>Orange Wedges |
| <b>THE FRESH GRILLE</b><br>Hamburgers, Cheeseburgers, Breaded Chicken Patty Sandwiches, Veggie Burgers Offered Daily                                      | Buffalo Chicken Poppers  | <i>Mini Corn Dogs</i>  | BBQ Chicken Sandwich   | Bacon Turkey Burger *  | Sloppy Joe   |
| <br>Fresh Homemade Cheese and Pepperoni Pizza Offered Daily              | <i>Pepperoni Stromboli</i> *   | Ham & Cheese Pizza   | Meat Lover's Pizza *   | Hawaiian Pizza   | Rip & Dips   |
| <br>Deli Chef Salad<br>Hummus with Pita Wedges and Veggies Offered Daily | Santa Fe Turkey & Cheddar Wrap<br><br>Cobb Salad *   | Health Club Sub w/ Turkey, Roast Beef & Ham<br><br>Buffalo Chicken Popper Salad  | <i>Chicken Salad on Whole Wheat</i><br><br>Turkey Club Salad *                       | Turkey BLT Wrap *<br><br><i>Florentine Pasta Salad</i>   | Tuna Salad Wrap<br><br><i>Caribbean Chicken Pasta Salad w/ Spicy Dressing</i>                  |

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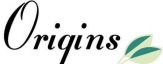



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**Portage Public Schools  
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March 5 - 9, 2012

| Station  | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  |
|--|--|---|--|---|---|
| <br>Favorite Comfort Foods &<br>International Favorites   | <b>Breakfast Bar</b><br><i>French Toast</i><br>Scrambled Eggs<br>Sausage Patty*<br>Hashbrowns<br>Fresh Fruit | <i>Spaghetti</i><br>Marinara Sauce<br>Meatballs<br>Homemade Garlic<br>Breadstick<br>Seasoned Peas<br>Sliced Pears | <b>Nacho Bar</b><br>Spicy Taco Meat<br><i>Corn Tortilla</i><br><i>Shells</i><br>Cheese Sauce<br>Lettuce, Tomatoes &<br>Salsa<br><i>Rice &amp; Black Beans</i><br>Pineapple | Turkey & Gravy<br>Mashed Potatoes<br>Steamed Corn<br><i>Bread Stuffing</i><br>Warm Baked Apples                                   | Cajun Roasted Chicken<br><i>Cajun Brown Rice</i><br>Roasted Corn with<br>Jicama<br>Fruit Cocktail |
| <br>Hamburgers, Cheeseburgers,<br><i>Breaded Chicken Patty</i><br>Sandwiches, Veggie Burgers<br>Offered Daily | Spicy Chicken Tenders  | Roast Beef & Cheddar Sandwich   | <i>Breaded Chicken</i><br><i>Cordon Blue Sandwich</i>  | BBQ Riblet Sandwich *   | Fish Sandwich   |
| <br>Fresh Homemade Cheese and<br>Pepperoni Pizza<br>Offered Daily   | <i>Cheese Filled</i><br><i>Breadsticks</i> with Pizza<br>Sauce   | Meat Lover's <i>Stromboli</i> *   | Pizza Croissant *  | Hot Taco Pocket   | Sausage Pizza *   |
| <br>Deli Chef Salad<br><i>Hummus with Pita Wedges and</i><br><i>Veggies</i><br>Offered Daily                  | Italian Chicken &<br>Cheese Wrap<br><br><i>Sicilian Pasta Salad</i>  | Spicy Chicken Ranch<br>Wrap<br><br>Spinach Salad with<br>Poppy Seed Dressing                                      | Chicken Salad<br>Croissant<br><br>Chicken Caesar Salad   | Honey Mustard, Ham &<br>Cheddar Bagel<br><br><i>South of the Border</i><br><i>Salad with Spicy Lime</i><br><i>Tortilla Strips</i> | <i>Turkey &amp; Cheese</i><br><i>Wheat Sub</i><br><br>Greek Salad                                 |

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