

Portage Public Schools Middle School Lunch Menu

February 6 - 10, 2012

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Favorites	Bow Tie Pasta Marinara Sauce Seasoned Mixed Vegetables <i>Whole Wheat Garlic Breadstick</i> Pineapple	Baked Potato Bar Baked Potato Baked Sweet Potato Diced Ham Chili Sauce Steamed Chopped Broccoli Shredded Cheese Herbed Breadstick Fruit Cocktail	Salisbury Steak Mashed Potatoes Beef Gravy Seasoned Corn <i>Whole Wheat Roll</i> Peachy Fruit Salad	Pulled Pork Sandwich Creamy Coleslaw <i>Apple Crisp</i>	Nacho Bar Spicy Taco Meat <i>Corn Tortilla Shells</i> Cheese Sauce Lettuce, Tomatoes & Salsa <i>Rice & Beans</i> Sliced Pears
THE FRESH GRILLE Hamburgers, Cheeseburgers, <i>Breaded Chicken Patty</i> Sandwiches, Veggie Burgers Offered Daily	<i>Mini Corn Dogs</i>	Spicy Chicken Sandwich	Buffalo Chicken Poppers	Bacon Cheeseburger *	Turkey Burger
 Fresh Homemade Cheese and Pepperoni * Pizza Offered Daily	Meat Lover's Pizza *	Pepperoni * Calzone with Dipping Sauce	<i>Cheese Filled Breadsticks</i> with Pizza Dipping Sauce	Hawaiian Pizza	Sausage Pizza *
 Made to order Deli Selections Offered Daily:	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar
Deli Turkey, Turkey Ham, and Salami * American, Pepper Jack, Provolone, & Swiss Cheeses Lettuce, Tomato & Onions, Green Peppers and Assorted Condiments Variety of fresh breads offered including one whole grain option					
 Deli Chef Salad <i>Hummus with Pita Wedges and Veggies</i> Fruit & Yogurt Parfaits Offered Daily	Neapolitan Hero with Balsamic Dressing Turkey Salad with Citrus Vinaigrette	<i>Triple Decker Turkey Club on Whole Wheat *</i> Grilled Chicken Salad	Italian Hoagie * Mandarin Chicken Salad	Parisian Ham & Cheese Wrap Italian Chopped Salad	<i>Santa Fe Turkey & Cheddar Wrap</i> Chicken Caesar Salad

WHOLE GRAIN menu items are in italics

* May contain pork products

All Lunches Include: Choice of Entrée, Choice of Vegetable/Fruit Side Dishes, and Choice of Fat Free Milk.

Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad w/ Light Dressing, Fresh Lettuce & Tomato Sandwich Toppings, and Fruit

Daily milk choices include skim white and skim flavored milk

Questions?? Call the Food Service Office @323-5155 or e-mail: slivingston@portageps.org
 Susan Livingston, Chartwells Director of Dining Service

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C., 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Portage Public Schools Middle School Lunch Menu

February 13 -17, 2012

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Favorites	Sweet & Sour Chicken <i>Steamed Brown Rice</i> Fresh Stir Fried Vegetables Mandarin Oranges	2 for 1 Hot Dogs Chili Sauce, Sauerkraut, Diced Onions, Shredded Cheese Sweet Potato Fries Sliced Peaches	<i>Penne Pasta</i> Marinara Sauce Meat Sauce Garlic Bread Roasted Italian Vegetables Fruit Cocktail	Open Faced Roast Turkey in Gravy Mashed Potatoes <i>Whole Grain Dinner Roll</i> Seasoned Corn Rosy Applesauce	Nacho Bar Spicy Taco Meat <i>Corn Tortilla Shells</i> Cheese Sauce Lettuce, Tomatoes & Salsa <i>Cilantro Lime Brown Rice</i> Sliced Pears
 Hamburgers, Cheeseburgers, Breaded Chicken Patty Sandwiches, Veggie Burgers Offered Daily	BBQ Riblet Sandwich *	<i>Hot Ham & Cheese on a Bagel</i>	Grilled Chicken Club Sandwich *	Double Cheeseburger	Spicy Chicken Sandwich
 Fresh Homemade Cheese and Pepperoni Pizza Offered Daily	Meat Lover's Pizza *	Rip & Dips	Sausage Pizza *	Pizza Croissant	Hawaiian Pizza
 Made to order Deli Selections Offered Daily:	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar
Deli Turkey, Turkey Ham, and Salami * American, Pepper Jack, Provolone, & Swiss Cheeses Lettuce, Tomato & Onions, Green Peppers and Assorted Condiments Variety of fresh breads offered including one whole grain option					
 Deli Chef Salad <i>Hummus with Pita Wedges and Veggies</i> Fruit & Yogurt Parfaits Offered Daily	Little Italy Wrap * Turkey Club Salad *	Crispy Cheddar Chicken Wrap Greek Salad	<i>Chicken Salad on Whole Wheat</i> Spinach Salad with Poppy Seed Dressing	<i>Turkey Pita Fold with Lettuce, Tomato and Dill Mayo</i> <i>Taco Salad</i>	<i>Bistro Roast Beef Bagel with Dijon Horseradish Mayo</i> Grilled Chicken Salad

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Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad w/ Light Dressing, Fresh Lettuce & Tomato Sandwich Toppings, and Fruit

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Portage Public Schools Middle School Lunch Menu

February 20 - 24, 2012

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Favorites	Breakfast Bar <i>WG Pancakes</i> Scrambled Eggs Sausage Patty* Sweet Potato Puffs Fresh Fruit Juice	Chicken Enchiladas <i>Cilantro Lime Brown Rice</i> Southwest Black Beans Warm Baked Apples	Chicken Parmesan <i>Seasoned Pasta</i> Sweet Green Peas Fruit Cocktail	Nacho Bar Spicy Taco Meat <i>Corn Tortilla Shells</i> Cheese Sauce Lettuce, Tomatoes & Salsa <i>Fiesta Brown Rice</i> Peaches	No School Mid Winter Break
THE FRESH GRILLE Hamburgers, Cheeseburgers, <i>Breaded Chicken Patty</i> Sandwiches, Veggie Burgers Offered Daily	Spicy Chicken Tenders	Meatball Sub	Cheeseburger Sliders	Popcorn Chicken	
 Fresh Homemade Cheese and Pepperoni Pizza Offered Daily	Meat Lover's Pizza *	Turkey & Cheese Hot Pocket	Ham & Cheese Stromboli	Sausage* Pizza	
 Made to order Deli Selections Offered Daily:	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	
Deli Turkey, Turkey Ham, and Salami * American, Pepper Jack, Provolone, & Swiss Cheeses Lettuce, Tomato & Onions, Green Peppers and Assorted Condiments Variety of fresh breads offered including one whole grain option*					
 Deli Chef Salad <i>Hummus with Pita Wedges and Veggies</i> Fruit & Yogurt Parfaits Offered Daily	Chicken Ranch Wrap Catalina Turkey Salad	Italian Hoagie * Spicy Breaded Chicken Caesar Salad	Caesar Wrap Chunky Tuna Salad	<i>Turkey Club Bagel *</i> Monterey Ranch Chicken Salad	
<p><i>WHOLE GRAIN menu items are in italics</i> * May contain pork products</p> <p style="text-align: center;">All Lunches Include: Choice of Entrée, Choice of Vegetable/Fruit Side Dishes, and Choice of Fat Free Milk.</p> <p style="text-align: center;">Vegetable/Fruit Side Dishes Available Daily Include: Featured Hot Vegetable(s), Tossed Side Salad w/ Light Dressing, Fresh Lettuce & Tomato Sandwich Toppings, and Fruit</p> <p style="text-align: center;">Daily milk choices include skim white and skim flavored milk</p> <p style="text-align: center;">Questions?? Call the Food Service Office @323-5155 or e-mail: slivingston@portageps.org Susan Livingston, Chartwells Director of Dining Service</p> <p style="font-size: small; text-align: center;">In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C., 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.</p>					

Portage Public Schools Middle School Lunch Menu

February 27 – March 2, 2012

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Favorites	Chicken or Beef Fajitas Green Peppers & Onions Southwest Beans <i>Fiesta Rice</i> Homemade Salsa Sliced Pears	Bow Tie Pasta Marinara Sauce Alfredo Sauce Steamed Zucchini Warm Baked Apples	Mom's Mashed Potato Bowl Breaded Chicken Tenders Mashed Potatoes Chicken Gravy Steamed Corn <i>Whole Grain Dinner Roll</i> Peachy Fruit Salad	Nacho Bar Spicy Taco Meat <i>Corn Tortilla Shells</i> Cheese Sauce Lettuce, Tomatoes & Salsa <i>Cilantro Lime Brown Rice</i> Roasted Pineapple	Sweet & Sour Chicken <i>Steamed Brown Rice</i> Fresh Stir Fried Veggies Orange Wedges
THE FRESH GRILLE Hamburgers, Cheeseburgers, <i>Breaded Chicken Patty Sandwiches</i> , Veggie Burgers Offered Daily	Buffalo Chicken Poppers	<i>Mini Corn Dogs</i>	BBQ Chicken Sandwich	Bacon Turkey Burger *	Sloppy Joe
 Fresh Homemade Cheese and Pepperoni Pizza Offered Daily	Pepperoni Stromboli *	Pizza Croissant *	Meat Lover's Pizza *	Hawaiian Pizza	Rip & Dips
 Made to order Deli Selections Offered Daily:	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar
Deli Turkey, Turkey Ham, and Salami * American, Pepper Jack, Provolone, & Swiss Cheeses Lettuce, Tomato & Onions, Green Peppers and Assorted Condiments Variety of fresh breads offered including one whole grain option*					
 Deli Chef Salad <i>Hummus with Pita Wedges and Veggies</i> Fruit & Yogurt Parfaits Offered Daily	Santa Fe Turkey & Cheddar Wrap Cobb Salad *	<i>Chicken Salad on Whole Wheat</i> Buffalo Chicken Popper Salad	Health Club Sub with Turkey, Roast Beef & Ham Turkey Club Salad *	Tuna Salad Wrap Caribbean Chicken Pasta Salad w/ Spicy Dressing	Turkey BLT Wrap * Florentine Pasta Salad

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Portage Public Schools Middle School Lunch Menu

March 5 - 9, 2012

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 Favorite Comfort Foods & International Favorites	Breakfast Bar <i>French Toast</i> Scrambled Eggs Sausage Patty* Hashbrowns Fresh Fruit	<i>Spaghetti or Rotini Pasta</i> Marinara Sauce Meatballs Homemade Garlic Breadstick Seasoned Peas Fruit Cocktail	Nacho Bar Spicy Taco Meat <i>Corn Tortilla Shells</i> Cheese Sauce Lettuce, Tomatoes & Salsa <i>Rice & Black Beans</i> Pineapple	Turkey & Gravy Mashed Potatoes Steamed Green Beans <i>Whole Wheat Roll</i> Warm Baked Apples	<i>Macaroni & Cheese</i> Breadstick Herbed Broccoli & Cauliflower Sliced Pears
THE FRESH GRILLE Hamburgers, Cheeseburgers, <i>Breaded Chicken Patty Sandwiches</i> , Veggie Burgers Offered Daily	Spicy Chicken Tenders	Roast Beef & Cheddar Sandwich	<i>Breaded Chicken</i> <i>Cordon Blue Sandwich</i>	BBQ Riblet Sandwich *	Fish Sandwich
 Fresh Homemade Cheese and Pepperoni Pizza Offered Daily	Meat Lover's Stromboli *	<i>Cheese Filled Breadsticks</i> with Pizza Dipping Sauce	Pizza Croissant	Hot Taco Pocket	Sausage Pizza *
 Made to order Deli Selections Offered Daily:	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar	Made to Order Sandwich Bar
Deli Turkey, Turkey Ham, and Salami * American, Pepper Jack, Provolone, & Swiss Cheeses Lettuce, Tomato & Onions, Green Peppers and Assorted Condiments Variety of fresh breads offered including one whole grain option*					
 Deli Chef Salad <i>Hummus with Pita Wedges and Veggies</i> Fruit & Yogurt Parfaits Offered Daily	Italian Chicken & Cheese Wrap <i>Sicilian Pasta Salad</i>	<i>Chicken Ranch Pita</i> Spinach Salad with Poppy Seed Dressing	Chicken Salad Croissant Chicken Caesar Salad	<i>Honey Mustard, Ham & Cheddar Bagel</i> <i>South of the Border Salad with Spicy Lime Tortilla Strips</i>	<i>Turkey & Cheese Wheat Sub</i> Greek Salad

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