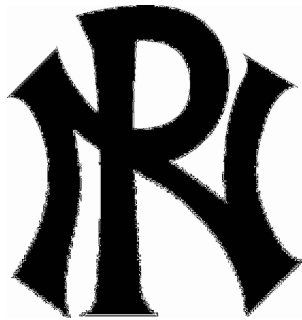


Portage Northern High School



**Guide to Huskie Athletics
2009-2010**

Requirements for Participation:

(1) **Must** have a **current physical** on file in the Athletic Office **prior** to any athletic participation. The physical must be on the Portage Public School physical form **and must have been completed on or after April 15, 2009.**

****Note: Portage Northern High School will host physicals in the spring (date TBD) at a cost of \$30.**

(2) **Must** have a signed Portage Public Schools Code of Conduct form on file in the Athletic Office **prior** to participation.

(3) **Must** have paid the \$30 Trainer Fee to the Athletic Office **prior to the first official competition for that team.** The trainer fee is a one time fee good for all year and all sports.

(4) **Must** remain academically eligible throughout the season to continue uninterrupted participation.

****Note:** Some sports may have additional fees required for participation (ie. lacrosse, hockey) due to the expense of those sports.

Sports Offerings:

FALL

Men:

Football– Var, JV, 9th

Soccer– Var, JV

Cross Country– Var

Tennis– Var, JV

Waterpolo– Var

Women:

Volleyball, Var, JV, 9th

Swimming– Var

Cross Country– Var

Golf– Var, JV

Cheer– Var, JV, 9th

WINTER

Men:

Basketball– Var, JV, 9th

Hockey– Var

Swim– Var

Wrestling– Var, JV

Bowling– Var, JV

Women:

Basketball- Var, JV, 9th

C. Cheer–Var, JV, 9th

Gymnastics– Var

Bowling, Var, JV

SPRING

Men:

Baseball– Var, JV, Fr

Lacrosse– Var, JV

Golf– Var, JV

Track– Var

Lacrosse– Var, JV

Women:

Softball– Var, JV

Lacrosse– Var

Tennis– Var, JV

Track– var

Soccer– Var, JV

Waterpolo– Var, JV

Season Starting Dates:

Fall Sports:

Monday August 10– Football

Wednesday August 12 – Cross Country, Soccer, Tennis
Volleyball, Women’s Golf, and Swimming.

Winter Sports:

Monday October 26 – Gymnastics

Monday November 2 - Hockey

Monday November 9– Women’s Basketball, Competitive
Cheer

Monday November 16– Men’s Basketball, Wrestling

Thursday November 19- Men’s and Women’s Bowling

Monday November 23– Men’s Swimming

Spring Sports:

Monday March 15– Baseball, Softball, Golf, Soccer,
Lacrosse, Tennis, Track, Water Polo

*For general athletic questions, please contact the athletic
office at 323-5456 or 323-5561

*For specific sports questions and/or summer workout
and practice schedules please contact the coach of that
sport directly.

Head Coaches:

FALL

Football– Pete Schermerhorn

PSchermerhorn@portageps.org

Men's Soccer– Andy Fuehr

Fuehr11@yahoo.com

Volleyball– Brandi Munn

dino1134@charter.net

M/W Cross Country– Tony Moon

TMoon@portageps.org

Men's Tennis– Nancy Martin

NMartin@portageps.org

Women's Swimming– Steve Rochow

RochowS@kalamazoocity.org

Women's Golf– Ed Culp

coacheculp@hotmail.com

Sideline Cheer– Heather Prentice

HMPrentice@aol.com



Head Coaches:

Winter

Wrestling– Steve Satmos

Ststamos0731@aol.com

Men's Basketball– Brodie Nelsen

bnelsen@remc11.k12.mi.us

Women's Basketball– Tim Rieman

TRieman@plainwellschools.org

Men's Swimming– Ken Mange

kellymange@charter.net

Competitive Cheer– Heather Prentice

HMPrentice@aol.com

Hockey– JD Kalleward

JDKalleward@kalleward.com

Gymnastics– Brittany Slattery

Brittany.m.slattery@wmich.edu

Bowling -Roy Menken

Remenk@kalcounty.com



Head Coaches:

Spring

Baseball– Chris Andrews

CoachAndrews@hotmail.com

Softball– Darrick Brown

dkgbrown@sbcglobal.net

Women’s Soccer– Andy Fuehr

Fuehr11@yahoo.com

Women’s Water Polo– Jim Center

James.center@wmich.edu

Men/Women’s Track– Ahren Kaylor

AKaylor@portageps.org

Women’s Tennis– Melanie Remyense

MRemyense@portageps.org

Men’s Golf– Ed Culp

coacheculp@hotmail.com

Men’s Lacrosse– Mike McGuire

Mcgui2mi@gmail.com



Huskie Athletics:

- ***Competing with Class***
- Building Self-Esteem
- *Building Character*
- **Sportsmanship**
- **LEARNING LIFE LESSONS**
- *Displaying School Pride*
- **Building Tradition**
- **Creating Memories**
- *Having Fun!*
- *Making Friendships*
- Setting Goals
- **Reaching Goals**

