

Northern Football Boot Camp 2009

Following the “Meet the Team Night” meeting, held on Sunday, August 9 at 6:00 PM in the Igloo, all teams will board busses and be taken to Ft. Custer Military Base in Battle Creek. The teams will stay at Ft. Custer through Wednesday, August 12. They will depart Ft. Custer at 2:00 PM returning to Northern High School.

At Ft. Custer, the players will be using three different facilities. They will be sleeping in military barracks on site. The barracks consist only of bunk beds containing a mattress and pillow, bathroom, and shower facilities. Meals will be eaten in a mess hall. Breakfast, lunch, and dinner along with an evening snack will be served. All practices will take place on the main parade field. Players will be responsible for the cleanliness and the care of all facilities. This will be overseen by military personnel along with the coaching staff.

The cost of the “Boot Camp” is \$75.00 per player. This will cover food and lodging along with facility rental fees. Checks may be made payable to the “Northern Touchdown Club”. Fees along with registration forms need to be sent to:

Northern Touchdown Club
P.O. Box 204
Portage, MI 49081-0204

Deadline for registration is Wednesday, August 5th.

What to bring:

Three Ring Binder and Writing Utensil

Bedding (sheets, blankets, and pillow case)

Tooth Paste

Tooth Brush

Soap

Shampoo

Towel

Toilet Paper

Clothing (shorts & T-shirts for multiple practices per day, pajamas etc.)

Helmet

Football Cleats

Tennis or running shoes

What **NOT** to bring:

Food

TV

Radio, CD “Boom Boxes”, MP3 players, IPODs, etc.

Cell Phones

Electronic gaming devices.

Boot Camp 2009 Registration Form

Last Name _____ First Name _____ Grade _____

Street Address _____ Apt. No. _____

City _____ Zip Code _____

Home Phone Number _____

Father's Name _____

Mother's Name _____

Street Address (if different) _____ Apt. No. _____

City _____ Zip Code _____

Home Phone Number _____

Work/Cell Phone Number _____ (mother)

Work/Cell Phone Number _____ (father)

Home/Parent E-mail Address: _____

Emergency Contact:

Name _____

Home Phone Number _____

Work/Cell Phone Number _____

Please list any medical conditions or illnesses we should be aware of.

List **all allergies including foods**. If you have a food allergy please contact Sue Kramer by Sunday, August 2nd at sakramer54@hotmail.com or 375-7903. Meals need to be planned and purchased in advance!
